

THE MESSENGER

ST. AUGUSTINE'S EPISCOPAL CHURCH, MORROW, GEORGIA

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Sunday Schedule

9:00 a.m.
Holy Eucharist Rite I

10:00 a.m.
Adult Forum

11:00 a.m.
Holy Eucharist Rite II
Children's Sunday School

3rd Sundays
Youth Group

Office Hours
10:00 a.m. - 4:00 p.m.
M-W-F

Telephone: 770-961-9353

Parish Mission Statement

To restore all people to unity with God and each other in Christ by providing a safe, loving and inclusive environment, celebrating community diversity, and sharing God's gifts with all people.

August 2018



From the Desk of the Rector

Dear Friends in Christ,

I hope you are having a good summer. I hope you have found time to get out of your usual routine, to relax and renew your spirit. Sabbath time is important for all of us.

I began my tenure at Saint Augustine's in August, 1994. That was a long time ago: twenty-four years, to be exact. I am grateful for the many years we have served God together in this place.

However, it is time for me to retire from parish ministry. My last Sunday at Saint Augustine's will be August 12. We will have one combined 10 am worship service with lunch following.

When I retire I will still be a priest of The Episcopal Church, but I will no longer be your parish priest. I will be a retired priest, and you will be a parish in search of a new rector.

I am convinced that Saint Augustine's needs new clergy leadership. You need new energy and new challenges. I will miss you, but I know my time here is done.

I leave you in very capable hands. Your wardens Phil Kyle and Corrie West will be assisted by your diocesan staff. They will provide the leadership you need as you begin your search for a new rector. Work with them. Do not worry. All will be well. God can be trusted. In the summer of 1974 I performed in an outdoor drama on Jekyll Island. It was called "Drumbeats in Georgia". I was eighteen years old. Others in the show were older. They were seasoned professionals.

For three months most of us got along very well. But during the last two weeks of the show I saw things change. Friendships cooled. People pulled back. People argued. We continued to perform, but personal relationships suffered.

I shared this observation with one of the seasoned professionals. He smiled knowingly and said, "It's the end of the show. It's easier to end friendships by pulling back or getting mad. It hurts less that way. That's showbiz."

We can do better than that. Let's not pull back. Let's not get mad. Let's make our last weeks together a time of thanksgiving and celebration. This can be a time of grace for St. Augustine's.

We are not an outdoor drama. We are not in show business. We are the church. We are the body of Christ, and this is not the end. We will know reunion in eternity.

Saint Augustine's will always be remembered in my prayers.

May the wisdom of God, the love of God, and the grace of God strengthen you to be Christ's hands and heart in this world, in the name of the Father and of the Son and of the Holy Spirit.

The Rev. Barry Griffin

PLEASE NOTE:
THE ANNUAL MEETING
IS SCHEDULED FOR SUNDAY, AUGUST 5, 10:00 AM

9 AM HOLY EUCHARIST RITE I
10 AM ANNUAL MEETING
11 AM HOLY EUCHARIST RITE II

THERE WILL BE ONE 10 AM WORSHIP SERVICE ON AUGUST 12,
THE RECTOR'S FAREWELL SUNDAY

10 AM HOLY EUCHARIST
11:15 AM FAREWELL LUNCH

**WHY SUPPORT AN
AFTER-SCHOOL
PROGRAM?**

- * The hours between 3pm and 6pm are the most likely times for children to get involved with anti-social behaviors such as gang recruitment, substance abuse, and sex trafficking.
- * 75% of state prison inmates never graduated from high school.

Why support Path to Shine's specific program?
Because we provide:

- * training for all volunteers
- * a comprehensive handbook for program coordinators
- * a supply of used books and other resources for initial start-up
- * new books for every child at Christmas and for summer break
- * 5 years' worth of weekly curriculum
- * site visits for support and to answer questions
- * email and phone support as needed for program coordinators
- * grants for enrichment activities/field trips up to \$500 per year

Bonus Features:

- * This program can run without the rector's involvement!
- * It provides parishioners with multiple points of entry from behind-the-scenes snack preparation and book drives, to hands-on work with the children.
- * It affords opportunities to partner with other faith communities (e.g. Lutherans and Methodists in Warner Robins, Baptists in Marietta and Avondale Estates).

Additional information can be found on the website www.pathtoshine.org.



JoAnn Blackstock, Path to Shine Coordinator

Adult Forum

Reclaiming Jesus: Adult Forum Study in September

A few weeks ago, Presiding Bishop Michael Curry and Rev. Jim Wallis of the Sojourners Community launched an initiative proclaiming that the faithful needed to reclaim Jesus from the the political hijacking that is taking place by many who are using Jesus to validate any behavior that seems fitting. Of course this type of behavior is not new. God has been used to justify many indefensible behaviors throughout history and while this effort to Reclaim Jesus will not end that type of misrepresentation in the future, it is a chance for the faithful to make a clearer witness to Jesus and to acknowledge what is happening.



There is a course of study available that will help in the process of Reclaiming Jesus that can be found at the website for The Episcopal Church for those who are interested in seeing its content. The Adult Forum has decided to use this curriculum for its course of study beginning the first Sunday in September. Please take a look at the curriculum and make plans to join us for this important exploration as we think, pray and discuss ways that each of us can help to make the kingdom of God shine a little brighter in a world that can use the light.

Blessings,

Catherine Meeks

Financial Summary

**Our budget need year to date is \$102,188.17.
Budget receipts year to date are \$102,625.59, resulting in a budget surplus of \$437.42.**

Events Calendar

August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>SUNDAY SCHEDULE</p> <p>9:00 a.m. Eucharist Rite I 10:00 a.m. Adult Forum 11:00 a.m. Eucharist Rite II</p>			1	2	3	4
<p>5- Eleventh Sunday after Pentecost</p> <p>9:00 a.m. Eucharist Rite I 10:00 a.m. Annual Parish Meeting 11:00 a.m. Eucharist Rite II</p>	6	7	8 Path to Shine	9 7:00 p.m. Choir Rehearsal	10	11 8:45 a.m. Brotherhood of St. Andrew Meeting 10:00 a.m. Vestry Meeting
<p>12 - Twelfth Sunday after Pentecost</p> <p>10:00 a.m. Eucharist Rite II 11:15 a.m. Retirement Brunch for Fr. Barry</p>	13	14	15 Path to Shine	16 7:00 p.m. Choir Rehearsal	17	18
<p>19- Thirteenth Sunday after Pentecost</p> <p>9:00 a.m. Eucharist Rite I 10:00 a.m. Adult Forum 11:00 a.m. Eucharist Rite II</p>	20	21	22 Path to Shine	23 Path to Shine Training Day 7:00 p.m. Choir Rehearsal	24	25
<p>26 – Fourteenth Sunday after Pentecost</p> <p>9:00 a.m. Eucharist Rite I 10:00 a.m. Adult Forum 11:00 a.m. Eucharist Rite II Children’s Sunday School 12:15 p.m. Dream Group</p>	27	28	29 Path to Shine	30 7:00 p.m. Choir Rehearsal	31	

Keep in Your Prayers

Parishioners:

Fred Barwise
Joann Blackstock
Dwight Briggs
J.B. Burke
John Cockrell
Judy Erhardt-Sinor
Evelyn Fowlkes
Doug Francis
Glenda Frederick
Mandy Gray
Elaine Irwin
Lidia Lower
Sylvia Lynch
Graham Maddux
Ronica & Bonnie Malvea
Pat Mathis
Kim McDonald
Jamie & Richard Rasche
Claron Robinson
Wilma Ross
Henry & Elsa Sisco
Donna Smith
Becky Weaver
Flo Webster
Alvin Williams
Maisie Williams
Thelma Williams

Those on Active Duty in the Military:

Justin Q. Johnson
Henry Olcoroafor
Dylan Reynolds
Paris Reynolds

Those Beyond our Parish:

Vicki Abbott
The Rt. Rev. Frank Allan
Emily Beatty
Rick Bishop
Ed Boggan
Glenda Bradham
Lee & Barbara Bradley
Paul Brown
Jeffrey and Monica Caudle
Rylee and Blayke Caudle
Tim Condrey

John Conti
Gail Conville
Lisa Crumbley
Rachel Daniel
Dallas Ellis Iii
Evelyn Fry
David Harwood
Deacon Liz Grant-Hilton
Candis Harrison
Jason Honea
Alyssa Johnson
Haylee Kane
Lynda & Mitchell Kennerly
Tish Lawless
Betty Lewis
Laurie Lopez
Jimmy Martin
Luke and Heath Martin
David McDonald
Cathy McWilliams
Brian Mesch
Bill Monk
Alma Moore
Maureen & Joseph O'Brien
Paula & Scott Payne
Odette Pisanti
Bob Putman
David Putman
The Rev. Jim and Elizabeth Pritchett
The Prock Family
Charles & Gail Ramsburg
Jen Ray
Kristin Reynolds
Irene Rogers
Harriet Ronkin-Lynton
Jerry Scott
Carol & David Shepard
Monica Shepard
Charlene Smith
Dennis Smith
The Rev. John Stanton, Former Rector
James Steerman and Family
Harriet Thompson
Mozelle Vample
Ricky Walls & Andy McDowell
Belinda Watson
Betty White
Dorothy White
The Rt. Rev. Don Wimberly
Susan Windham

Former Members and Parish Friends:

The Rev. Terri Brice
Karen & James Coleman
Merle Collins
Catharine Groover
Jessie Hardin
Joyce Hudson
Kathryn, Justin & Jason Jimmerson
Sidney and Ray Reynolds
Ann Taylor
Patsy Whitehead

Happy Birthday

Melik David	08/01
Doris Uyeh	08/01
Shirley Cargile	08/02
Sue Cash	08/05
Rebecca Weaver	08/06
Bill Sims	08/07
Susanne Ross	08/13
Lena Douglas	08/13
Kim Johnson	08/14
Mary Job	08/16
Efezino Uyeh	08/17
John Cockrell	08/18
Saffron Parris	08/20
Jeanne Arnold	08/21
Ezinne Ifi	08/21
Samson Obi	08/24

Happy Anniversary

Alvin & Lena Williams	08/03
Franklin & Lena Douglas	08/03
Charlie & Phyllis Smith	08/07
Alton & Precious Miles	08/11
Charlotte & Chibuzo Obi	08/23
Phil & Susana Kyle	08/30

Surviving the Red Hot Dog Days of Summer

Canicular

adjective | kuh-NIK-yuh-ler

Definition

of or relating to the period between early July and early September when hot weather occurs in the northern hemisphere

Did You Know?

The Latin word *canicula*, meaning "small dog," is the diminutive form of *canis*, source of the English word *canine*. *Canicula* was also the name for Sirius, the star that represents the hound of the hunter Orion in the constellation named for that Roman mythological figure. Because the first visible rising of Sirius occurs during the summer, the hot sultry days that occur from early July to early September came to be called *dies caniculares*, or as we know them in English, "the dog days."

Here are a few tips for surviving “dies caniculares”:

- **Freeze your breeze**
If you place a bowl or tray of ice in front of a blowing fan your room will become cooler as the ice melts.
- **Shut out the sun**
Keep blinds and curtains closed during the day as a preventative measure to stop your room from overheating.
- **Eat small meals regularly**
Your body warms up as it works to process larger meals. Metabolic heat is needed to break down food, so eating smaller portions can help keep you cooler.
- **Choose cotton**
Opting for lightweight cotton clothing is the best option when it's scorching outside. Avoid dark colours and keep summery with whites and creams, as these are more likely to reflect the sun's radiation.
- **Keep hydrated**
Sweating can cause dehydration, making you more susceptible to heat exhaustion and heat stroke.
- **Get low**
Hot air rises, so get down as low as you can to make sure you're surrounded by cool air. Sleep on the floor, or even head downstairs, if you're getting desperate to escape the heat.
- **Rinse your wrists**
Washing either your wrists or your feet with cold water before you hit the hay can help you to cool down and drift off.
- **Keep your feet cool**
There are plenty of pulse points around the feet and ankles, so dunking your feet into an ice bucket can help take your temperature down.
- **Breathe deep**
Inhaling through the mouth and exhale through the nose to create a refreshing effect. In theory, when taking in breath this way, your saliva should help cool the air before it's taken to your lungs.
- **Get a hand-held fan**
This helps to make you feel more comfortable with minimal effort. It's not advisable to use your hands to fan yourself, as this repetitive motion will just make your body temperature increase.
- **Getting to sleep in hot weather**
Getting to sleep when it's hot and stuffy can be a nightmare. Giving your bedding a very light misting of water can make all the difference when you're struggling to sleep on a hot day. And boozing before bed is never a great idea – but your sleep will be affected even more when it's hot.

Sources: <https://www.thesun.co.uk/fabulous/3787300/hot-weather-tips-summer-cool-heatwave-sun/>
<https://www.merriam-webster.com/dictionary/dog%20days>

Ministers of Worship

August 2018

Please be at the church 20 minutes prior to the service and report to the Verger. If you are not available, please 1) find a replacement and (2) update the Church Office for bulletin changes. If you cannot find a replacement, contact the Verger of the Day.

Vergers: Chuck Dale, chdale@mindspring.com (404 621-4); Phil Kyle, jp_kyle@bellsouth.net, (770 898-4959).

DATE	TIME	LAY READERS	ACOLYTES	ALTAR GUILD	USHERS	GREETERS
1st SUNDAY AUG. 5	9 AM	VERGER:CHUCK D. CRUCIFER- MARY JOB LESSON 1- DONNA S.	PSALM- MARY JOB LESSON 2- MARY JOB P.O.P.- EVELYN FOWLKES SERVER/CHALICE -MARY JOB		JENNA J. OLIVIA J.	
	11 AM	CRUCIFER- EZINNE I. TORCH- OLUCHI IFI TORCH-CHINELO IFI LESSON 1-ELAINE B.	LESSON 2- KATHY MADDEX P.O.P.- BECKY WEAVER SERVER/CHALICE-GINNY H. CHALICE- VERONICA R.	FOWLKES MALVEA D. SMITH L. WILLIAMS	CORRIE WEST	PEGGY BEAL
2nd SUNDAY AUG. 12		VERGER:CHUCK D. <i>(see below)</i> CRUCIFER- LESSON 1-	PSALM- LESSON 2- P.O.P.- SERVER/CHALICE		CLYDE WELLER	
ONE 10:00 AM SERVICE	10:00 AM	CRUCIFER- O.J. UYEH TORCH-MEKHI DAVID TORCH-MELIK DAVID LESSON 1-JENNA J.	PSALM- LEE CASH LESSON 2- COMFORT OBI P.O.P.- SUSANNE ROSS SERVER/CHALICE-VERONICA CHALICE-WES WILLIAMS	JOB OWEN	SUSANA KYLE	LENA WILLIAMS
3rd SUNDAY AUG. 19	9 AM	VERGER: CHUCK D. CRUCIFER- JENNA J. LESSON 1- DONNA S.	PSALM- JENNA JOHNSON LESSON 2- MATT JOHNSON P.O.P.- FLO WEBSTER SERVER/CHALICE- MATT J.		PHYLLIS SMITH	
	11 AM	CRUCIFER-JEFF T. TORCH- O.J. UYEH TORCH- ZINO UYEH LESSON 1- ROBERT H.	LESSON 2- O.J. UYEH P.O.P.- ELAINE BEAL SERVER/CHALICE- SUSANA K. CHALICE- GINNY HARRELL	HARRELL RIDENHOUR WEBSTER	RUBEN UYEH	PEGGY BEAL
4th SUNDAY AUG. 26	9 AM	VERGER: CHUCK D. CRUCIFER- JENNA J. LESSON 1-JENNA J.	PSALM- MARY JOB LESSON 2-OLIVIA JOHNSON P.O.P.-EVELYN FOWLKES SERVER/CHALICE- MARY JOB		FLO WEBSTER	
	11 AM	CRUCIFER-DOUG F. TORCH-MELIK DAVID TORCH-MEKHI DAVID LESSON 1- WES WILLIAMS	LESSON 2-MEKHI DAVID P.O.P.- SHARON FRANCIS SERVER/CHALICE- KATHY M. CHALICE- WES WILLIAMS	BEAL CHEVANNES MILES SIMON	RONICA & BONNIE MALVEA	LENA WILLIAMS

Choir Director: Grace Caudle; **Choir Members:** Ginny Harrell, Robert Harrell, Laura Henderson, Doug Francis, Kathy Kimmell, Kathy Maddux, Veronica Ridenhour, Thelma Williams

St. Augustine's Episcopal Church
P.O. Box 169
1221 Morrow Road
Morrow, GA 30260
770-961-9353
www.staugustinemorrow.org

WE'RE MOVING! Electronically, that is...
Our new email address is staugustinecan@gmail.com
and you can start using it immediately to contact the church office.

ST. AUGUSTINE'S VESTRY 2017-2018

Elaine Beal	Communications/Parish Life
Phil Kyle	Sr. Warden/Buildings/Grounds
Catherine Meeks	Inreach
Elayne Miller	Parish Life
Jean Marie Simon	Christian Formation
Corrie West	Outreach/Jr. Warden

CLERGY

The Rt. Rev. Rob Wright	Bishop of Atlanta
Barry Q. Griffin	Rector